

# What to Bring to River Watch Training

## Personal Stuff

\* Please be aware of the weather and plan to layer your clothes!

Remember that the weather can change quickly, and we will keep going rain, snow or shine.

- Sleeping bag or sheets and a blanket (don't forget your pillow)
- Jeans/pants
- shirts (long & short sleeve)
- socks
- sweatshirt
- jacket
- hat and gloves
- rain gear
- tennis shoes or casual shoes
- boots
- waders (if you prefer your own)
- pajamas
- toothpaste and toothbrush
- towel
- soap and washcloth
- shampoo
- comb/brush
- snack food
- water bottle
- flashlight
- notebook/pen or pencil
- CD, cassette, MP3 or written copy of a song/poem/piece of literature that cites rivers or water (please bring device to allow you to share your idea with others)
- If you play an instrument, bring it along!

## Equipment

If you are an existing River Watch group, and if it is necessary, please bring your "green box" and all other equipment for restocking. Contact Michaela for more information if you are unsure whether or not to bring your equipment.

If you are new to River Watch, you will receive your and equipment at the training.

Additional considerations for new River Watcher's:

- Please identify two locations where you want to collect your samples. Be sure to consider travel time and accessibility. Also, you will be asked to name and provide detailed directions to your stations at the training. We will help you as well as provide maps.
- Drive a vehicle with plenty of cargo space. You will need about two seats of space to transport your equipment home. It's a lot of stuff!